

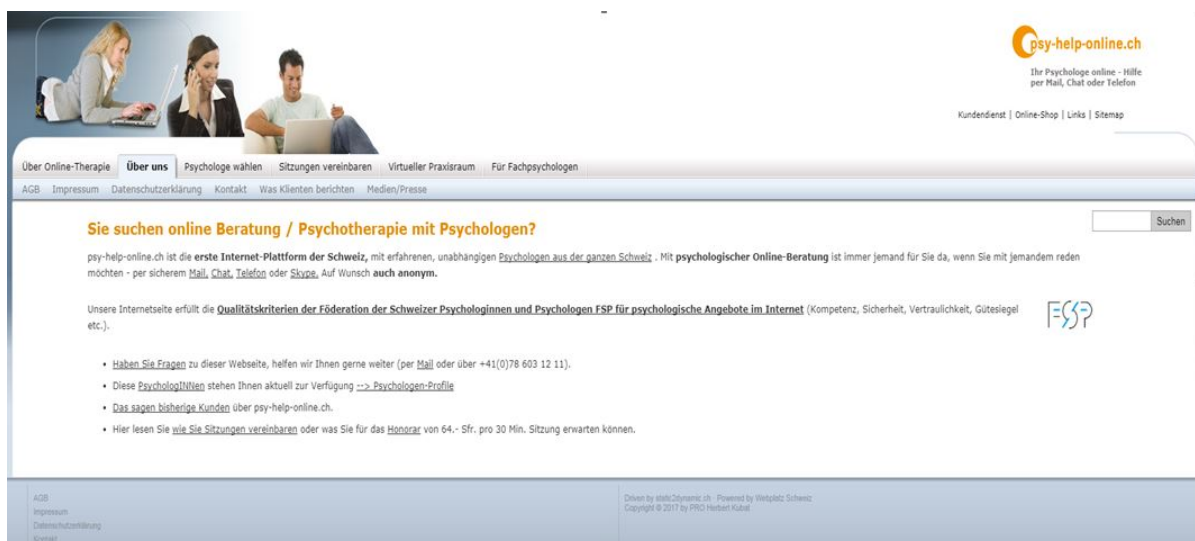
## Psy-help-online.ch

Psy-help-online.ch is a Swiss internet-platform which provides counselling or psychotherapy via webmail, online-chat, telephone or Skype. Clients can choose a psychologist from a pool of accredited psychotherapists and arrange a date in the online calendar.

Target Groups	Topics	Type of Best Practice	Country
• Adults	• General	• Counselling • Therapy	• Switzerland

### Description

Psy-help-online.ch is an internet-platform in Switzerland with experienced, independent psychologists from all over Switzerland. It fulfills criteria of the federation of Swiss psychologists for psychological offers in the internet (competence, security, privacy etc.). Counselling or psychotherapy can be conducted via webmail, online-chat, telephone or Skype and it can be undertaken in German or English. Clients can choose a psychologist from a pool of professional psychotherapists and arrange a date in the online calendar.



The screenshot shows the German version of the website. The main heading is "Sie suchen online Beratung / Psychotherapie mit Psychologen?". Below this, it states that psy-help-online.ch is the first internet platform in Switzerland, offering help via email, chat, or phone. It mentions that the platform is certified by the FSP (Fédération suisse des psychologues) and lists several quality criteria. There is a search bar and a "Suchen" button. The footer contains legal information and contact details.

### Original language

German

### Country

Switzerland

### Link

<https://www.psy-help-online.ch/index-de.php?frameset=3>

(access date: 07/14/2017)



CC - Attribution-NonCommercial-ShareAlike  
<http://creativecommons.org/licenses/by-nc-sa/3.0/>

ILL. *Psy-help-online.ch*. Retrieved on Wednesday July 3, 2024 from <https://www.ecounselling4youth.eu/online-material/courses/TGP151/>



Co-funded by the  
Erasmus+ Programme  
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein

<https://www.ecounselling4youth.eu/project/>