

Guidelines: Recommended approach for online counselling and psychotherapy

Irsko združenje za svetovanje in psihoterapijo (IACP) je pripravilo priporočnik z naslovom "Priporočila za izvajanje spletnega svetovanja in terapije" namenjenega psihoterapevtom, psihologom in psihiatrom, ki se zanimajo za svetovanje na daljavo. V njem si lahko preberejo več o pravnih, etičnih, strokovnih in varnostnih vidikih.

Ciljne skupine

- Terapevti
- Svetovalci

Teme

- Drugo

Vrsta dobre prakse

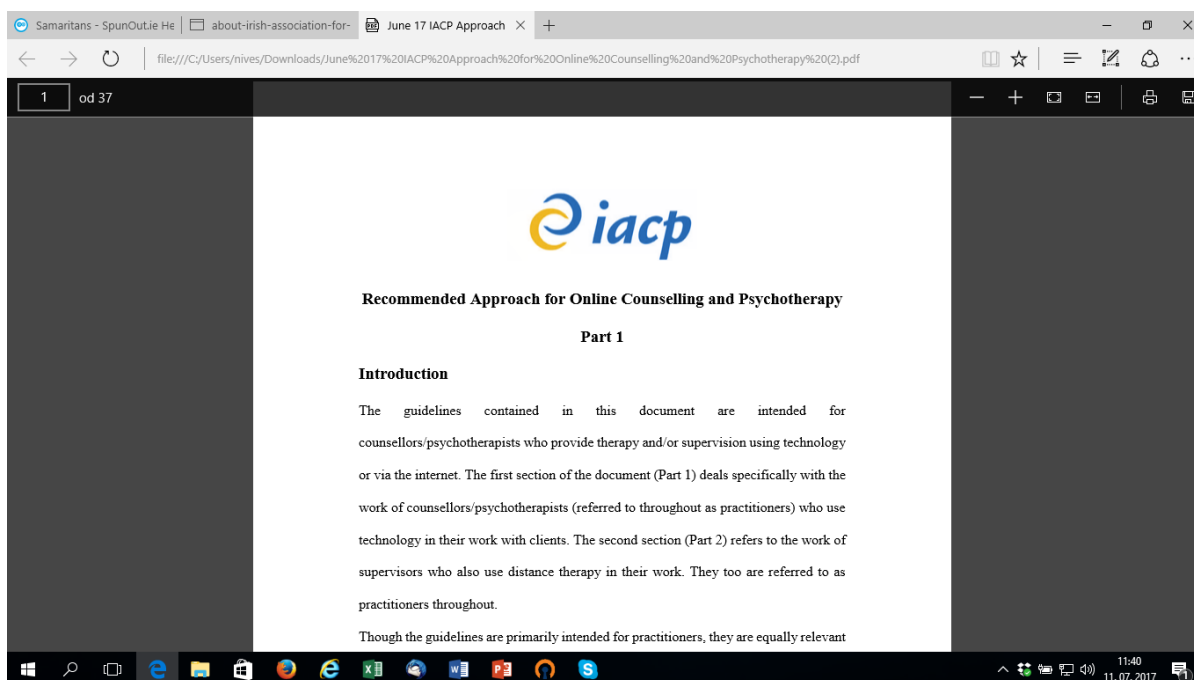
- Spletno gradivo

Jezik

- Irska

Opis

The purpose of the e-manual is to offer guidelines for several specific areas and contexts. These include *telephone counselling*, where the context is verbal exchange between client and practitioner conducted in real time, *generic voice applications* and *generic video applications*, where communication is either verbal or/and visual. Here are also forums and e-mailing which include private communication with time delay and *FaceTime* as a video chat application developed by Apple conducted in real time over Wi-Fi from iPhone or iPad. These guidelines are of relevance to all practitioners engaging in distance therapy, and should be read and considered alongside the IACP Code of Ethics and Practice for Counsellors/ Psychotherapists/Supervisors. The following areas are the principal focus of the guidelines: *practitioner competence and training, contracts and client suitability, specific issues relating to working online, professional and legal considerations and issues of jurisdiction and protocols for security and appropriate platforms to assure safety and misuse.*



The screenshot shows a PDF document titled "Recommended Approach for Online Counselling and Psychotherapy Part 1". The document is displayed in a browser window with a Windows taskbar at the bottom. The IACP logo is visible at the top of the document. The text in the document reads:

Recommended Approach for Online Counselling and Psychotherapy

Part 1

Introduction

The guidelines contained in this document are intended for counsellors/psychotherapists who provide therapy and/or supervision using technology or via the internet. The first section of the document (Part 1) deals specifically with the work of counsellors/psychotherapists (referred to throughout as practitioners) who use technology in their work with clients. The second section (Part 2) refers to the work of supervisors who also use distance therapy in their work. They too are referred to as practitioners throughout.

Though the guidelines are primarily intended for practitioners, they are equally relevant

Jezik, v katerem je praksa dostopna v originalu

English

Država

Ireland

Povezava

<http://www.irish-counselling.ie/onlinecounselling>

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<https://www.ecounselling4youth.eu/project/>