

## Therapion

Therapion je spletna stran ki ponuja storitve na področju klinične psihologije in psihoterapije v 15 svetovnih jezikih. Te storitve izvajajo psihologi in psihoterapevti različnih narodnosti, ki govorijo vsaj enega od 15 jezikov in so po izobrazbi klinični psihologiji, psihologi, psihoterapevti z ustreznim računalniškim znanjem.

Therapion izvaja tudi spletna izobraževanja na področju ohranjanja mentalnega zdravja in razvijanja dobrega počutja.

Na spodnji spletni strani so na voljo tudi spletna usposabljanja za psihologe in psihoterapevte za svetovanje na daljavo: <http://www.therapion.com/pt / curso> ).

**Področja:** individualna, partnerska in družinska terapija, posvetovalnica za starše, spletni tečaji, psihoterapija, psihološko svetovanje

<b>Ciljne skupine</b>	<b>Teme</b>	<b>Vrsta dobre prakse</b>	<b>Jezik</b>
<ul style="list-style-type: none"><li>• Odrasli</li><li>• Otroci / mladostniki</li><li>• Starši</li></ul>	<ul style="list-style-type: none"><li>• Drugo</li><li>• Depresija</li><li>• Anksioznost</li><li>• Motnje hranjenja</li><li>• Stres</li><li>• Težave v medosebnih odnosih</li><li>• Težave v družini</li></ul>	<ul style="list-style-type: none"><li>• Svetovanje</li><li>• Terapija</li><li>• Spletno izobraževanje</li></ul>	<ul style="list-style-type: none"><li>• Portugalska</li><li>• Španija</li></ul>

## Opis

*Therapion* is a website in 15 different languages (Portuguese, Spanish, Italian, French, English, Danish, Suomi, Swedish...) that offers online services in the field of clinical psychology, therapy and counselling. These services are carried out by psychologists and psychotherapists of different nationalities who speak at least one of 15 languages. These professionals are highly trained and skilled in different areas of clinical psychology, therapy, and counselling, and offer their services via the internet. Some online therapy and online counselling specialties of *Therapion* are: stress, depression, anxiety, loneliness, self-esteem, social anxiety, eating disorders and obesity, shyness, guilt, anger, relationship advice, marriage and couples counselling, life transition counselling, and expat coaching.

*Therapion*, besides being able to provide online therapy and counselling services to the general public (adults, young children) offers training courses, videos, and articles on some topics in the field of health and wellness.

This website also offers courses for professionals (psychologists and psychotherapists) with the aim of training them on online services providing (such as the course on Online Methods- Training for professionals, psychologists and psychotherapists. <http://www.therapion.com/pt/cursos/>).

## Jezik, v katerem je praksa dostopna v originalu

Spanish

Portuguese

## Država

Spain, Portugal

## Povezava

<http://www.therapion.com/es/>

<http://www.therapion.com/pt/>

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<https://www.ecounselling4youth.eu/project/>